Harrow Communities Click: Volunteering with HCC

Norman's story: I started as a volunteer for Mind in Harrow in April for Harrow Communities Click (HCC). This entailed attending a three day training course and enrolling on the HCC website. I have been meeting every few weeks with the HCC co-ordinator at Mind in Harrow, along with other volunteers, to come up with ideas to get others involved in timebanking.

The HCC website has a wealth of information and opportunities. My group of volunteers have been encouraged to get involved by swapping our time and skills. I have found volunteering to be very educational so far. I think trading time instead of money is a wonderful goal that can really bring people together.



Courtney's story: I started volunteering for Harrow Communities Click at Mind in Harrow because of my previous volunteer work for them as well as being a member of the timebank. It is a small time commitment that I can fit around my other activities.

As I have experience with computers I often get involved in this area of volunteering, but there are a variety of jobs to do. My favourite role is helping

> existing members who lack confidence with computers to use the HCC website.

HARROW COMMUNITIES CLICK

I would definitely recommend volunteering for HCC. Whatever your skills are, there is something helping each other out - in the community You can contribute.

hcommunitiesclick.timebanking.org



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